



THE CHURCH OF THE HOLY TRINITY

White Rock, British Columbia

ANGLICAN CHURCH OF CANADA

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*We acknowledge that we are situated on the territorial and ancestral land of the
Semiabmoo First Nation.*



Sunday, March 8, 2026 – 10:00 a.m.

**A Service of the Holy Eucharist
Third Sunday in Lent**

In Christ we are a caring community
seeking and welcoming others to join us on our faith journey

WELCOME

THE GATHERING OF THE COMMUNITY

HYMN 508

KINGSFOLD

1 I heard the voice of Je - sus say, "Come un - to me and rest;
2 I heard the voice of Je - sus say, "Be - hold, I free - ly give
3 I heard the voice of Je - sus say, "I am this dark world's light;

lay down, thou wea - ry one, lay down thy head up - on my breast."
the liv - ing wa - ter; this - ty one, stoop down and drink and live."
look un - to me, thy morn shall rise, and all thy day be bright."

I came to Je - sus as I was, so wea - ry, worn, and sad;
I came to Je - sus and I drank of that life - giv - ing stream;
I looked to Je - sus and I found in him my star, my sun;

I found in him a rest - ing place, and he has made me glad.
my thirst was quenched, my soul re - vived, and now I live in him.
and in that light of life I'll walk till trav - elling days are done.

All remain standing. The presiding celebrant greets the community.

Celebrant The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People **And also with you.**

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Celebrant Almighty God,

All **to you all hearts are open, all desires known,
and from you no secrets are hidden.**

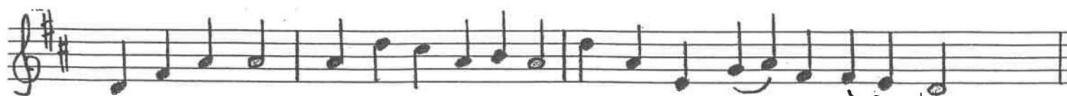
**Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you,
and worthily magnify your holy name: through Christ our lord. Amen.**

CONFESSION (LENT PROSE)

ATTENDE

Mode v

Refrain (*Precentor, first time, then all sing*):



Hear us, O Lord, have mer-cy up-on us; for we have sinn'd a -gainst Thee.

1 To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings:
listen, O Jesu, to our supplications. *Refrain*

2 O thou chief Corner-stone, Right Hand of the Father: way of salvation, gate of life
celestial: cleanse thou our sinful souls from all defilement. *Refrain*

3 God, we implore thee, in thy glory seated: bow down and hearken to thy weeping children:
pity and pardon all our grievous trespasses. *Refrain*

4 Sins oft committed now we lay before thee: with true contrition, now no more we veil
them: grant us, Redeemer, loving absolution. *Refrain*

5 Innocent, captive, taken unresisting: falsely accused, and for us sinners sentenced, save us,
we pray thee, Jesu our Redeemer. *Refrain*

ABSOLUTION

The celebrant shall say,

May the God of love and power forgive you and free you from your sins, heal and strengthen
you by the Spirit, and raise you to new life in Christ our Lord. **Amen.**

COLLECT OF THE DAY

The celebrant shall say, Let us pray.

Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

All are seated.

FIRST READING

A reading from the book of Exodus

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The word of the Lord

People **Thanks be to God.**

PSALM 95

Sung by all.

Jerome Webster Mcachen
(b. 1930)



- 1 Come, let us sing to the **Lord**; *
 let us shout for joy to the rock of our sal-**vation**.
- 2 Let us come before his presence with thanks-**giving** *
 and raise a loud shout to him with **psalms**.
- 3 For the Lord is a great **God**, *
 and a great king above all **gods**.

- 4 In his hand are the caverns of the **earth**, *
and the heights of the hills are his **also**.
- 5 The sea is his, for he **made it**, *
and his hands have molded the dry **land**.
- 6 Come, let us bow down, and bend the **knee**, *
and kneel before the Lord our **Maker**.
- 7 For he is our God, and we are the people of his pasture and the sheep of his **hand**. *
Oh, that to-day you would hearken to his **voice**!
- 8 Harden not your hearts, as your forebears did in the **wilderness**, *
at Meribah, and on that day at Massah, when they **tempted me**.
- 9 They put me to the **test**, *
though they had seen my **works**.
- 10 Forty years long I detested that generation and **said**, *
“This people are wayward in their hearts; they do not know my **ways**.”
- 11 So I swore in my **wrath**, *
“They shall not enter into my **rest**.”

SECOND READING

A reading from the letter of Paul to the Romans

Romans 5:1-11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The word of the Lord.

People **Thanks be to God.**

1 Guide me, O thou great Je - ho - vah,* pil - grim through this bar - ren land.
 2 Op - en now the crys - tal foun - tain whence the heal - ing stream doth flow;
 3 When I tread the verge of Jor - dan, bid my anx - ious fears sub - side;

I am weak, but thou art might - y; hold me with thy power - ful hand.
 let the fire and cloud - y pil - lar lead me all my jour - ney through.
 death of death, and hell's des - truc - tion, land me safe on Ca - naan's side:

Bread of heav - en, bread of heav - en, feed me till I want no
 Strong de - liv - erer, strong de - liv - erer, be thou still my strength and
 songs of prais - es, songs of prais - es, I will ev - er give to

more, shield, feed me till I want no more.
 thee, be thou still my strength and shield.
 thee, I will ev - er give to thee.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Jesus Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is

already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

Celebrant The Gospel of Christ.

People **Praise to you, Lord Jesus Christ**

SERMON

The Rev. Joseph Dirbas

NICENE CREED

BAS 188

All stand

Celebrant Let us confess our faith, as we say,

All **We believe in one God, The Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE

BAS 110

All stand or kneel, as able.

Leader In peace let us pray to the Lord.

People **Lord, have mercy.**

For peace from on high and for our salvation, let us pray to the Lord.

Lord, have mercy.

For the peace of the whole world, for the welfare of the holy Church of God, and for the unity of all, let us pray to the Lord.

Lord, have mercy.

In the Anglican Cycle of Prayer, we pray for the Episcopal Church in Jerusalem & the Middle East. On our diocesan cycle of prayer, we pray for the Cathedral Chapter, St. Hilda, Sechelt, and the Diocese of Caledonia. We pray for Shane our Primate, John our Archbishop and Metropolitan, and for our own clergy. And we pray for the bishop, clergy and people of our companion Diocese of Northern Philippines and our partner parishes, St. Michael the Archangel, Guina-ang, St. Joseph Church, Mainit, and Holy Trinity Mission, Dalican. For all bishops, clergy, and people, let us pray to the Lord.

Lord, have mercy.

For Charles our King, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city, for every city and community, and for those who live in them in faith; let us pray to the Lord.

Lord, have mercy.

For good weather, and for abundant harvests for all to share, let us pray to the Lord.

Lord, have mercy.

For those we remember in our parish this morning: Rita Buchy, MaryAnn Buckland, Annika Buckland, Natalia Buckland, Lorna Bury, and for those who travel by land, water, or air; for the sick and the suffering, including all those on our parish prayer list; and for those you remember silently or aloud; for prisoners and captives, and for their safety, health, and salvation, let us pray to the Lord.

Lord, have mercy.

For our deliverance from all affliction, strife, and need, let us pray to the Lord.

Lord, have mercy.

For all who have died; for the faithful departed in our memorial book: Margaret Wainwright, Jack Lisle, Colin Wright, Pauline Buckley, Helena Allen, Lena Nesbitt; and for those you remember silently or aloud, let us pray to the Lord.

Lord, have mercy.

Remembering the ever-blessed Virgin Mary and all the saints, we commit ourselves, one another, and our whole life to Christ our God.

To you, O Lord.

The leader continues

Almighty God, you have given us grace at this time with one accord to make our common supplications to you, and you have promised through your well-beloved Son that when two

or three are gathered together you will hear their requests. Fulfil now our desires and petitions, as may be best for us, granting us in this world knowledge of your truth, and in the age to come eternal life; for you, Father, are good and loving, and we glorify you through your Son Jesus Christ our Lord, in the Holy Spirit, now and for ever. **Amen.**

THE PEACE

BAS 192

All stand, and the presiding celebrant addresses the people.

Celebrant The peace of the Lord be always with you.

People **And also with you.**

OFFERTORY

HYMN 388

AUSTRIA

1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty of our God;
2 See! The streams of liv - ing wa - ters, spring - ing from e - ter - nal love,
3 Round each hab - i - ta - tion hov - ering, see the cloud and fire ap - pear
4 Sav - iour, if of Zi - on's ci - ty I through grace a mem - ber am,
he whose word can - not be bro - ken formed thee for his own a - bode.
well sup - ply thy sons and daugh - ters and all fear of want re - move.
for a glo - ry and a cov - ering - show - ing that the Lord is near.
let the world de - ride or pi - ty, I will glo - ry in thy name.
On the rock of a - ges found - ed, what can shake thy sure re - pose?
Who can faint, when such a riv - er ev - er flows their thirst to as - suage?
Thus they march, the pil - lar lead - ing, light by night and shade by day;
Fad - ing is the world's best plea - sure, all its boast - ed pomp and show:

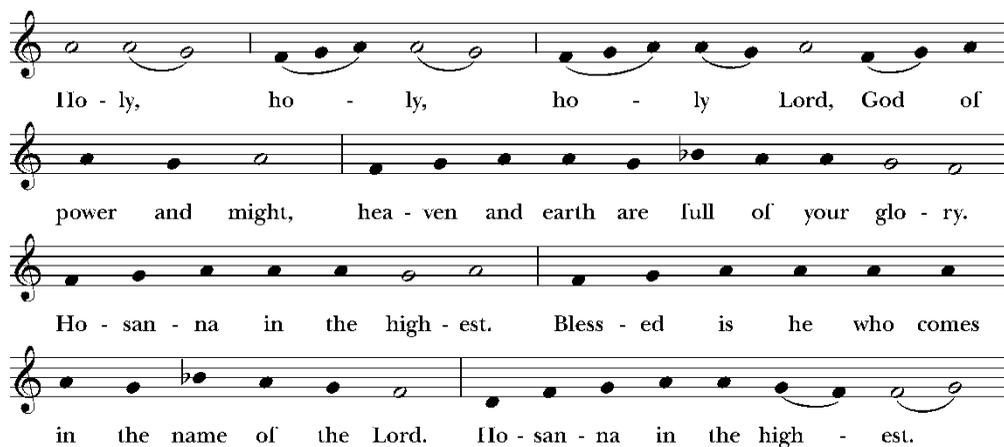
It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God, through Jesus Christ our Lord.

And now we give you thanks because you give us the spirit of discipline, that we may triumph over evil and grow in grace, as we prepare to celebrate the paschal mystery with mind and heart renewed.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

SANCTUS

MASS 18



Ho - ly, ho - ly, ho - ly Lord, God of
power and might, hea - ven and earth are full of your glo - ry.
Ho - san - na in the high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the high - est.

The celebrant continues

All glory be to you, our heavenly Father, who, in your tender mercy, gave your only Son our Saviour Jesus Christ to suffer death upon the cross for our redemption; who made there by his one oblation of himself once offered a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; he instituted, and in his holy gospel commanded us to continue, a perpetual memory of his precious death until he comes again.

Hear us, merciful Father, we humbly pray, and grant that, by the power of your Holy Spirit, we receiving these gifts of your creation, this bread and this wine, according to your Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you

and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

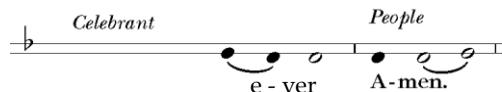
Jesus Christ is Lord:

All **Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Therefore, Lord and heavenly Father, in remembrance of the precious death and passion, the mighty resurrection and glorious ascension of your dear Son Jesus Christ, we offer you through him this our sacrifice of praise and thanksgiving. Grant that by his merits and death, and through faith in his blood, we and all your Church may receive forgiveness of our sins and all other benefits of his passion.

Although we are unworthy, through our manifold sins, to offer you any sacrifice, yet we pray that you will accept this the duty and service that we owe. Do not weigh our merits, but pardon our offences, and fill us all who share in this holy communion with your grace and heavenly blessing;

through Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen.**



THE LORD'S PRAYER

BAS 211

Celebrant And now, as our Saviour Christ has taught us, we are bold to say,
All **Our Father, who art in heaven, hallowed be thy name, thy kingdom come,
thy will be done, on earth as it is in heaven. Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation but deliver us from evil. For thine is the
kingdom, the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD

BAS 212

Celebrant We break this bread,
All **Communion in Christ's body once broken.**

Celebrant Let your Church be the wheat which bears its fruit in dying.
All **If we have died with him, we shall live with him; if we hold firm, we shall
reign with him**

Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

PRAYER OF HUMBLE ACCESS

Celebrant and people

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose property is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son, Jesus Christ, and to drink his blood that we may evermore dwell in him, and he in us. Amen.

THE COMMUNION

The celebrant invites the people to share in communion.

The gifts of God for the People of God

People **Thanks be to God.**

We invite all baptized Christians to receive the sacrament of Holy Communion. Please receive the bread by holding out your hands. To receive the wine, please gently guide the chalice to your lips, or simply touch the base of the chalice if you prefer not to drink from it. Please note that intinction (dipping the wafer in the wine) is not permitted in our diocese. All are welcome to receive a blessing instead of the bread and wine, you may indicate that desire by crossing your arms over your chest. If you are unable to come forward, please ask a sides person to have Communion brought to you.

1 Shep-herd of souls, re - fresh and bless your cho - sen pil - grim flock
 2 We would not live by bread a - lone, but by your word of grace,
 3 Be known to us in break - ing bread, but do not then de - part;
 4 Lord, sup with us in love di - vine; your bod - y and your blood,

with man - na in the wil - der - ness, with wa - ter from the rock.
 in strength of which we trav - el on to our a - bid - ing place.
 Sav - iour, a - bide with us, and spread your ta - ble in our heart.
 that liv - ing bread, that heav - en - ly wine, be our im - mor - tal food.

HYMN 63

EAT THIS BREAD

Refrain

Eat this bread, drink this cup, come to me and nev - er be hun - gry.

Eat this bread, drink this cup, trust in me and you will not thirst.

Cantor

1. *I am the bread of life, the true bread sent from the Father.* Refrain
2. *Your ancestors ate manna in the desert, but this is the bread come down from heaven.* Refrain
3. *Anyone who eats this bread, will live forever.* Refrain

1 Take my life, and let it be con - se -
 2 Take my hands, and let them move at the
 3 Take my lips, and let them be filled with
 4 Take my will, and make it thine; it shall
 5 Take my love: my Lord, I pour at thy

cra - ted, Lord, to thee; take my mo - ments
 im - pulse of thy love; take my feet, and
 mes - sa - ges from thee; take my in - tel -
 be no long - er mine; take my heart, it
 feet its trea - sure store; take my - self, and

and my days, let them flow in cease - less praise.
 let them be swift and pur - pose - ful for thee.
 lect, and use ev - ery power as thou shalt choose.
 is thine own; it shall be thy roy - al throne.
 I will be ev - er, on - ly, all for thee.

PRAYER AFTER COMMUNION

All stand or kneel, as able.

Celebrant Let us pray.

All **Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.**

Unison

1 God, my hope on you is found - ed; you my faith and
 2 Hu - man pride and earth - ly glo - ry, sword and crown, be -
 3 Dai - ly does the al - might - y Giv - er boun - teous gifts on
 4 God's great good - ness lasts for - ev - er, deep - est wis - dom,
 5 Still from earth to God e - ter - nal sac - ri - fice of



trust re - new: through all change and chance you
 tray our trust; though with care and toil we
 us be - stow; God's de - sire for us de -
 pass - ing thought: splen - dour, light, and life at -
 praise be done, high a - bove all prais - es



guide me, on - ly good and on - ly true. God un -
 build them, tower and tem - ple fall to dust. But your
 lights us, plea - sure leads us where we go. Here at
 tend - ing, beau - ty spring - ing out of naught. Ev - er -
 prais - ing for the gift of Christ the Son. Christ, you



known, you a - lone call my heart to be your own.
 power, hour by hour, is my tem - ple and my tower.
 hand, love takes stand, joy a - waits God's sure com - mand.
 more from God's store new - born worlds rise and a - dore.
 call one and all; those who fol - low shall not fall.

All remain standing.

PRAYER OVER THE PEOPLE

Priest Bow down before the Lord.

The people kneel and the celebrant says

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

DISMISSAL

BAS 215

The Priest dismisses the congregation

People **Thanks be to God.**

All remain standing for the retiring procession

POSTLUDE

PARISH PRAYER LIST:

For health, wellness, support, and comfort:

Nancy, Don, Marlene, Dianne, Sandy, Jane, John, Priscilla, Oakley, Hayley, Peter, Lynne, Sherrill, Alexandra, Anthony, Catherine, Nora, Bill, Susan, Tricia, Jacob, Alison, Stephanie

Celebrant	The Rev. Joseph Dirbas
Assisting Clergy	The Rev. Paul Richards
Server	Audrey Mistiades
Preacher	The Rev. Joseph Dirbas
Organist	Ulo Valdma
Music Director	Maria Golas
Greeters	Carol De Boeck & Kaye Kerlande
Welcome	Jacqueline Sephton
First Reader	Fran Fagan
Second Reader	Linda Ingham
Prayers of the People	Lenore Richards
Livestream Guild	Andrew Kendrick
Coffee Set-up	Elaine Peloquin & Kathy Van Allen
Coffee Clean-up	Erin & Gay Hallenburg
Altar Guild	Barb Cederlund & Elizabeth Gaines

The aumbry candle burns this week to the glory of God given by Susan Cummings in loving memory of her dad Ted Turner.

Please join us for coffee and tea in Griffiths Hall. If you are joining us for the first, time, please ask for directions.

Evensong – Tonight March 8, 5:00 p.m.

Join us for a beautiful service of evensong. This is a wonderful opportunity to introduce your friends and neighbours to the Anglican tradition.

Lent Book Study

Our Lenten Book Study and Soup Lunch continues **Wednesday, March 11 at noon**. All are welcome. If you would like to provide soup for the lunch, please sign up in the office.

Stations of the Cross – Fridays at Noon

During Lent we will be praying the stations of the cross every Friday at noon. Join us!

Chair Yoga – March 11, 9:30 a.m.

Cindy Thornton-Veltri leads us in chair yoga in the library as we exercise body and spirit. All are welcome. This is free offering and we encourage you to invite friends.

Parish Workday – March 16, 9:30 a.m.

We're looking for volunteers to help with some carpet cleaning and painting. Equipment and supplies will be provided, just come with your work clothes and some elbow grease. Contact Erin Hallenburg for more information.

Seniors' Lunch – March 19, Noon

Join us for our Seniors' Lunch and bring a friend. RSVP in the office or on the website.

Spaghetti and Bingo Night – March 21, 6 – 8 p.m.

Come have some fun with us. The youth of Holy Trinity and St. Mark's will dish up spaghetti and then we'll have some fun with bingo! All ages welcome. Invite your friends!

Lenten Pilgrimage

Join us on Saturday, March 28 for a 7km walk through White Rock and South Surrey. We'll meet at the church at 10:00 a.m. Our route will bring us back to church where we will enjoy hot cross buns and fellowship. Please sign up in the office so we know to expect you.

Women's Group

All are invited to join us. We meet on **Mondays at 10:30 a.m.** in the library. We hope to see you there.

Bible Study

Our Bible study will be reading chapter 14 of the Gospel of John this week. We meet in the library on Tuesdays at 10 a.m. All are welcome to join us. The only prerequisites are an open heart and an open mind.

WELCOME!

We extend a warm welcome to all who have come to worship with us today. We are a joyful, inclusive service-oriented community. Our church building is a sacred space and a house of prayer for all. Our parish is composed of people from infants to grandparents, from cradle Anglicans to seekers, and we pride ourselves in being a place where a diverse range of opinions are held and respected. While we are a varied group, we strive to be unified as the Body of Christ.

We centre ourselves around our baptismal vow to, “strive for justice and peace among all people, and to respect the dignity of every human being.” Our community also extends far beyond our pews as we seek to feed, clothe, and support people who are in need.

We pray you will feel at home here and, no matter your reason for joining us. We welcome you with open arms regardless of your race, age, culture, ethnicity, nationality, gender identity and expression, sexual orientation, marital status, previous religious affiliation, or socioeconomic status. All are welcome at The Church of the Holy Trinity, and we hope to see you back here soon! Please feel free to contact us.

The Rev. Joseph Dirbas, Rector - jdirbas@holytrinitywhiterock.ca

Church office - office@holytrinitywhiterock.ca

Holy Trinity Newsletter

Sign up now there are two ways: let Bonnie know and we'll add you to the list or sign up online. Visit <https://lp.constantcontactpages.com/su/H4PSlh4> or simply scan the QR code.



Check out our Website – holytrinitywhiterock.ca

Like Us on Facebook – www.facebook.com/holytrinitywhiterock

Source for the Eucharistic Prayer and Prayer after Communion: Common Worship: Services and Prayers for the Church of England (2000)



THE CHURCH OF THE HOLY TRINITY

White Rock, British Columbia

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