

Situated on the ancestral and unceded land
of our brothers and sisters of the Semiahmoo First Nation



Parish News & Upcoming Events

March 24, 2023

FIXING OUR HEARTS by The Rev. Joseph Dirbas

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen. (1979 BCP, page 219)



This is one of my favorite collects of the church year. Unfortunately, It seems to have been lost in the Book of Alternative Services. This prayer appears in the first book of common prayer in 1549 on the fourth Sunday after Easter and can still be found appointed for that Sunday in both the 1662 BCP of the Church of England and the 1962 BCP of the Anglican Church of Canada. It was moved to the fifth Sunday of Lent in the 1979 BCP of the Episcopal Church, which is why it is on my mind this week.

I love the way this prayer speaks plainly to the struggles we face. Our “unruly wills and affections” and the “swift and varied changes of the world” can often leave us of balance. Let’s face it, we have a proclivity to satisfy our own wills which don’t always align with God’s will. As such, we often wander through life, pummeled by our own actions and the actions of those around us, without any sense of foundation or grounding. We seem to be tossed about by our own desires and ambitions and misled by the events of the world around us. The more we put our faith in salvation offered by the means and promises of this world, the more we will flail in the wind.

Our foundation, our resting place, our quiet confidence rests in the promises and the commandments of God. Our joy is found in releasing our wills to align with God wills. Our freedom is found in obedience to God’s love. It is counterintuitive and paradoxical, by giving up our lives we receive life, by resisting the urge to satisfy our own desires, we come to know the true joy of Christ and our true desires of God’s promises.

As we approach Holy Week and contemplate upon the obedience of Jesus among the unruly wills and affections of this world, may we come to trust in the promise of God’s grace and mercy and

come to know that nothing in this world has the power to separate us from the love of God nor the power to satisfy our true calling. So, instead of chasing after the wind, may we fix our hearts on God's love for us and for all creation.

And, just for fun, here's the same prayer we started with from the 1549 BCP.

ALMIGHTIE God, whiche doest make the myndes of all faythfull men to be of one wil; graunt unto thy people, that they maye love the thyng, whiche thou commaundest, and desyre, that whiche thou doest promes; that among the sondery and manifold chaunges of the worlde, oure heartes maye surely there bee fixed, whereas true joyes are to be founde; through Christe our Lorde. (Collect for "The iiii Sondaye after Easter")

THE FEAST OF THE ANNUNCIATION



March 24 at 7:00 p.m. - Holy Eucharist

All are invited to join us for a solemn mass in celebration of the Feast of the Annunciation. We will gather this Friday night, March 24, at 7:00 p.m. to remember the day the angel visited Mary announcing her selection as the one to bear the son of God. The Rev. Susan Foley-Currie will be our guest preacher. We hope you can join us! Please note, the service will include the use of incense.

And remember, major feast days are celebrations on which we receive dispensation from our Lenten disciplines. So, maybe you can enjoy a little chocolate, too!

[Livestream](#)

[Bulletin](#)

SUNDAY SERVICE LIVESTREAM

Follow the links below to the livestream and bulletin for:



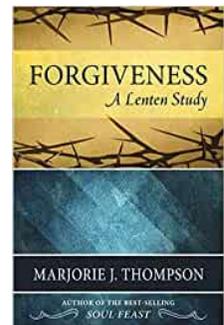
March 26, 2023 at 10:00 a.m. - Holy Eucharist

Livestream

Bulletin

WEDNESDAY LENTEN BOOK STUDY

We have one more week of our Lenten Book Study. It has been a wonderful journey with parishioners exploring the various aspects of forgiveness. This last week we shared about the difficulty of asking for forgiveness and the hard work of making ourselves vulnerable in an apology. We also gave thank for the mercy of God who is always willing to forgive. Our next session is **Wednesday Mar 29 at noon in the library**. We will cover chapters 5 and 6, completing the book. For more information, visit [our website](#).



LABYRINTH AT KWOMAIS POINT PARK

As a result of our recent labyrinth event at the Church of the Holy Trinity, some have expressed interest in visiting the Eagles Nest labyrinth at Kwomais Point Park. If you, too, are interested in walking the labyrinth at Kwomais Point Park, and particularly if you need transportation, we want to know. Please add your name to the sign-up list on the bulletin board in the church office.



Once the weather warms, we'll set a date and provide rides for the outing (to include a picnic lunch). There is also a viewing platform at the park and short trail through the forest - a good way to work up an appetite! There are washrooms on site.

From the City of Surrey Website:

Kwomais Point Park is a spectacular park in southwest Surrey perched on the top of the bluffs above Semiahmoo Bay. The park offers stunning views across the bay to Tsawwassen and beyond to Vancouver Island and the San Juan Islands. There is a new viewing platform in the west of the park, just south of 14 Avenue and 126A Street.

The park is also highlighted by its mature forest, with many large Grand Fir, Douglas Fir and Big Leaf Maples, some of which are over 80 years old. There's a lovely walking path that runs through the park, between 126A Street and 128 Street, as well as a number of natural area trails that loop through the forest.

[The] 0.8-km loop trail ... [is] considered an easy route, it takes an average of 10 min to

THE SERVICES OF HOLY WEEK

As we prepare for Easter, I thought it would be a good idea for us to learn a bit more about the liturgies of Holy Week. There is so much material that we can only scratch the surface, but I hope it will help us enter more fully into the mystery of Jesus' crucifixion and resurrection. Over the remaining weeks of Lent, we will explore one Holy Week service per week. My wife, Terry, who is rector of St. John's Shaughnessy, will join me in creating these articles, so you may hear either or both of our voices in the writing in any given week.



Good Friday

The Proper Liturgy for Good Friday is “part two” of the Paschal Triduum, the three holiest days of the church year in which we remember the events of the Last Supper, Passion, and resurrection of Jesus. The three liturgies of Maundy Thursday, Good Friday, and the Easter Vigil are really a single, unified service that takes us through these sacred events.

As for the Good Friday liturgy itself, the service has four basic parts: the Liturgy of the Word, the Solemn Intercession, the Veneration of the Cross, and Holy Communion from the presanctified gifts.

The Liturgy of the Word consists of a confession, Scripture readings, the Passion narrative from the Gospel of John, and the sermon. In many Anglican churches, the Passion Gospel is sung by the choir. This year, the Passion Gospel will be spoken. The story is quite long, so just as on Palm Sunday, the congregation is invited to sit until the point at which Jesus reaches Golgotha.

The Solemn Intercession is the most ancient Western form of Prayers of the People. The clergy bid the congregation to kneel in prayer for a set of concerns, and then give them time to reflect and pray individually. Then all rise for a concluding collect that draws our prayers together. There are five sets of biddings, often chanted by the clergy who use a lovely and somber tone only sung on Good Friday. But don't let that distract you—the real Prayers of the People on Good Friday are those offered by each individual during the silence after each bidding.

The Veneration of the Cross follows the Solemn Intercession. A large wooden cross is brought into the church, with the minister who carries it stopping three times to chant an invitation to look upon the cross on which hung the world's salvation. This parallels the movement of the Paschal Candle at the Great Vigil of Easter, which pauses three times in procession as the deacon chants, “The light of Christ.” The cross is then placed at the chancel steps, and the people are invited to come forward to engage prayerfully with this powerful symbol of Christ's self-offering. Appropriate devotions might include bowing, kneeling, touching, kissing, or other signs of reverence. Some may choose not to come forward, but to kneel and look upon the cross from their seats.

While we contemplate the weight of Jesus' sacrifice, A precentor will sing the Reproaches. This extended meditation on the theme from Micah, “O my people, what have I done unto thee, or wherein have I wearied thee? Testify against me!” has been sung during the veneration since the Middle Ages. Much like the Gospel of John, the Reproaches have been criticized for having anti-Semitic overtones (with some identifying “my people” as the Jews), but both the Reproaches and the Gospel of the day are intended to implicate all of humanity. On Good Friday it is especially

appropriate to recognize that “we all, through our sins, are brought to the judgment of the cross, and there are forgiven and saved through Jesus Christ.”[1]

After the veneration is concluded, the choir will sing the hymn *Sing, my tongue, the glorious battle*, and the ministers will retrieve the sacrament from the Altar of Repose in preparation for **Communion from the presanctified gifts**. The clergy and people say together the Lord’s Prayer, then all are invited to receive the body and blood of the Lord. The service concludes with the Prayer after Communion. As on Maundy Thursday, there is no dismissal, because the service is “to be continued . . .”

A historical note: Though we have evidence of the liturgies of the Triduum going back at least to the 4th century, by the 7th century the timing of services shifted earlier and earlier in the day, in a kind of “creeping anticipation”, and the integrity of the Triduum as a single, unified rite was lost.[2] Later, the Protestant Reformation in England did away with services for the Triduum entirely, leaving only special readings for morning and evening prayer.

The absence of an official liturgy on Good Friday led to the development of other devotional practices among the faithful. Earlier versions of the present rite were in circulation, along with various forms of Tenebrae, stations of the cross, and the popular *Tre Ore*, a three-hour preaching service between noon and 3:00 p.m. that originated among the Jesuits in South America in the latter part of the 18th century. In many Anglican parishes, these devotions continued to be observed on Good Friday, even after the recovery of the Holy Week rites in the 20th century. However, we must be careful that they do not supplant the principal service of the day, which connects Maundy Thursday to the Easter Vigil and represents the fullness of the Church’s theology of the cross within the context of the Triduum.[3]

Traditionally, **the liturgical colour of the day** was black, but in contemporary practice, “passiontide red” (a dull oxblood red sometimes trimmed with black) is generally used as a way to maintain consistency with the rest of Holy Week.

The Good Friday liturgy is a solemn commemoration of and participation in the great events of this day, the salvation of the human race through the victory of Christ, who by dying destroyed death, not a funeral for Jesus . . . The older custom of wearing black vestments, and the Anglican custom in some places of vesting choir and acolytes in black cassocks without surplices on this day, tends to reinforce the funeral theme. This latter custom apparently stems from the recognition that the Three Hours was not a liturgical service, and hence “vestments” were not worn, but only the cassock, the “street dres” of the clergy. The liturgical colour of today is Holy Week red, for Christ the King of martyrs, and albs or surplices are appropriately worn.[4]

Finally, clergy are often asked **why Good Friday is called “Good.”** People come up with all sorts of well-intentioned explanations, many of which are rooted in sound theology. But the real answer is much less interesting—“Good Friday” comes from the less-common definition of the word meaning “pious” or “holy.” (This is the same reason people refer to the Bible as “The Good Book.”) The day could just as easily be known as “Holy Friday,” and in some places, it is. But if meditating on the goodness of Jesus and his sacrifice is an important part of your Good Friday piety, don’t let the etymology get in the way of your devotion.

[1] Dennis G. Michno, *A Priest’s Handbook: The Ceremonies of the Church*, 3rd ed. (Harrisburg, Morehouse Publishing: 1998), 196.

[2] Laura E. Moore, *From Easter to Holy Week: The Paschal Mystery and Liturgical Renewal in the Twentieth Century* (Boston: Brill, 2020), 24.

[3] J. Neil Alexander, *Celebrating Liturgical Time: Days, Weeks, and Seasons* (New York: Church Publishing, 2014), 121.

[4] Leonel Mitchell, *Lent, Holy Week, Easter, and the Great Fifty Days: A Ceremonial Guide* (Lanham, MD: Rowman & Littlefield, 2007), 70.

MAKING PALM CROSSES

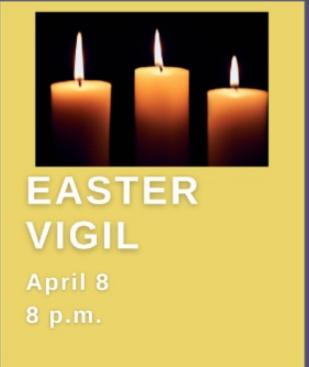
All are invited to join us in making palm crosses on
April 1 from 9:30 to 11:30 a.m.
in the library in preparation for Palm Sunday.

We'll have plenty of palms and hot cross buns and coffee.
Please come and join us! And, if you don't know how to
make a palm cross, we'll teach you!



HOLY WEEK SCHEDULE

HOLY WEEK AT THE CHURCH OF THE HOLY TRINITY

 <p>PALM SUNDAY April 2 8 a.m. 10 a.m.</p>	 <p>MAUNDY THURSDAY April 6 7 p.m.</p>	 <p>GOOD FRIDAY April 7 10 a.m. 2:30 p.m. Stations of the cross</p>	 <p>EASTER VIGIL April 8 8 p.m.</p>
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HOLY WEEK SCHEDULE OF SERVICES

Palm Sunday - April 2, 8:00 a.m. and 10:00 a.m.

The 8 a.m. service will begin in the back of the nave. The 10:00 a.m. service will begin in the library with a procession to the front door of the church.

Maundy Thursday – April 6, 7:00 p.m.

The service will include and invitation to participate in foot washing and will conclude with the procession of the sacrament to the altar of repose and the stripping of the altar.

Good Friday – April 7, 10:00 a.m.

With the veneration of the cross and Holy Communion from the reserved sacrament.

Easter Vigil – April 8, 8:00 p.m.

The lighting of the new fire, the story of salvation history, and the first Eucharist of Easter. Bring your bells for the singing of the Gloria!

Easter Sunday – April 9, 8:00 a.m. and 10:00 a.m.

Come and share the joy of the resurrection! The 10:00 a.m. service will include a children's sermon and an Easter Egg hunt following the service for little ones in attendance!

EASTER CANDY DONATIONS



We're looking for some sweets!

We're accepting donations of candy for our Easter egg hunt following the 10:00 a.m. Easter service. You can drop off donations at the church office. Also, if you'd like to stuff the eggs and help prepare the hunt, please let Cindy Thornton-Veltri or Bonnie know.

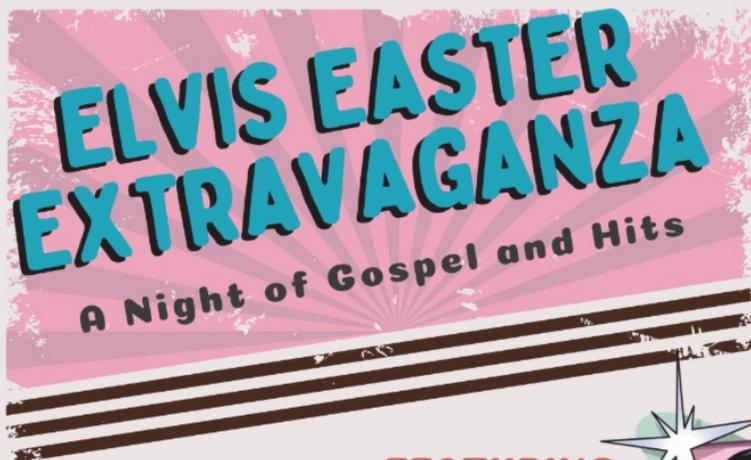
EASTER FLOWER OFFERINGS

We are now accepting offerings for Easter lilies which decorate the church for our beautiful Easter services. A donation of \$10.00 or more can be added to the envelopes in the pews and you can identify the intention of your donation. You can also donate to the Easter flowers at the church office or through e-Transfer. All donations and intentions will be noted in our Easter service bulletins.



ELVIS EASTER EXTRAVAGANZA

Tickets are going fast! Get yours today!



**FEATURING
ELVIS TRIBUTE ARTIST**



IT'S TIME FOR NOSTALGIA!

**ENTRY
\$20**

**SATURDAY
15 APRIL**

6:00 PM - 8:00 PM

Refreshment and concessions available at intermission

HOLY TRINITY ANGLICAN CHURCH

INFO AND TICKETS: 604-531-0884

office@holytrinitywhiterock.ca



Founded on the ancestral and unceded land of our founders and users of the Squamish First Nation

Anglican Church of Canada

www.holytrinitywhiterock.ca

PARISH COUNCIL

Our new parish council met for the first time on Tuesday, March 21.



Our meeting was fruitful as we discussed our role as the council and our various ministries. We are eager to build up our ministries and continue to do the work that God calls us to do. If you have a desire or call to participate a particular ministry (service ministry, formation, stewardship, fellowship, pastoral care, *etc.*), please let Fr. Joe know.

SERVICE MINISTRY

Those of you who read The Annual Report will have seen Carol and Veronica's promise:

We'll be canvassing parishioners to see if there is interest in developing one or two monthly programs in 2023 so be prepared!



We now asking for your ideas about what you would like to see happening at Holy Trinity on two fronts:

1. Community Engagement - What ideas do you have for us to engage the community in activities at the church? For example, a weekly drop-in of some sort? A 'lecture' series on topics of interest?

2. Community Service - Sources will continue to have our support. Are there any other community needs that you are aware of and want us to look into?

Please pass on your thoughts, ideas, comments to Carol or Veronica by March 24th, with thanks!

And, if you are interested in participating in this ministry, please let Carol De Boeck, Veronica Wright, or Fr.. Joe know. We hope to assemble a team of dedicated parishioners with a mind and heart toward service.

THE MISSION TO SEAFARERS



**Caring for seafarers
around the world**

The Rev. Peter Smyth, from The Mission to Seafarers, will be our guest at Holy Trinity on Sunday, April 16th.

We will be gathering donations for the seafarers for Chaplain Smyth to take with him that day. Wool socks (at least 65% wool), toques, cookies, chocolates and toiletries would be most welcome!

Please leave your donation at the church office or bring it with you on April 16th. Items will be placed in front of the altar and blessed during the service.

UPCOMING EVENTS AT CHURCH

Mar 24, 7:00 p.m. - Solemn Mass for the Feast of the Annunciation

If you are missing smells and bells, come to church and bask in the fragrance and sounds as we

celebrate the annunciation, the message of the angel Gabriel to the Virgin Mary.

March 29 at Noon - Lenten Soup Lunch and Book Study

Join us for a light lunch of homemade soup and wonderful conversation.

March 30, 9:30 a.m. - Thursday Morning Eucharist

April 2, 8:00 and 10:00 a.m. - Palm Sunday

Our 8:00 a.m. service will begin in the back of the church. 10:00 a.m. will begin in the parish library with a procession to the front of the church (weather permitting).

April 6, 7:00 p.m. - Maundy Thursday

April 7, 10:00 a.m. - Good Friday

April 8, 8:00 p.m. - The Great Vigil of Easter

April 9, 8:00 and 10:00 a.m. - Easter Sunday

April 13, 9:30 a.m. - Thursday Morning Eucharist

April 16, 8:00 and 10:00 a.m. - Guest Preacher, the Rev. Peter Smyth

The Rev. Peter Smyth is the chaplain to the Vancouver Mission to Seafarers. We will be collecting and presenting wool socks, toques, candy, and cookies!

THURSDAY MORNING EUCHARIST

Mark your calendar and plan on being with us for the
Thursday Morning Eucharist!

March 30, 2023 at 9:30 a.m.

All are welcome!



AROUND THE DIOCESE

	DYM EVENT	
	MAKE WAY	
		
YOUTH AGE 11 - 18 SLEEPOVER GAMES CRAFTS WORSHIP CHRIST CHURCH CATHEDRAL MARCH 31ST 7PM - 11AM		
	tinyurl.com/ DYM2023MakeWay	



Make Way: Youth Sleepover at Christ Church Cathedral

A DYM Event for youth aged 11-18 - Friday, March 31, 7pm finishing April 1 at 11am
 We will start with a welcome and Ice Breaker games. Drinks will be available too as you come in. We will then learn a little bit about Holy Week and Easter. We are then planning to get creative and make some Holy anointing oil together which will include infusing local herbs, branches and flowers in oil.



Renewal of Vows - Chrism Mass

On Tuesday, April 4 at 12:15 p.m. in Christ Church Cathedral the bishop will preside as we make our annual renewal of vows and the blessing of Chrism. The preacher will be the Cathedral's guest preacher and lecturer for Holy Week, 2023, Bishop J. Neil Alexander. Following the Mass and distribution of Oils a light lunch will be served. Following the lunch in the Cathedral Chancel, Bishop Alexander will give a brief address on the

spirituality of Holy Week, beginning at 1:45 and ending by 2pm. All are welcome.

A reminder that the Mass is open to all to renew their baptismal vows and to the clergy to renew their ordination vows.

AROUND THE NEIGHBOURHOOD

March 31st, April 1st and 2nd 2023



EARL MARRIOTT SEMIAHMOO FIRST NATION POW WOW

*Honoring the memories
of the children who did
not return: Every child
matters.*

**FRIDAY MARCH 31: DOORS OPEN 5PM
APRIL 1ST & 2ND: DOORS OPEN NOON**

GRAND ENTRY SCHEDULE

**FRIDAY: 7PM
SATURDAY 1PM & 7PM
SUNDAY 1PM**

FEATURED SPECIALS

- WOMENS TRADITIONAL
- MEN'S TRADITIONAL
- SPOTLIGHT DANCE
- TINY TOT
- ORANGE SHIRT SPECIAL
- REDRESS SPECIAL

Host Drum

Sage Hills



Follow our Facebook for updates :

<https://www.facebook.com/EarlMarriottFirstNationsProgram>
or email:

figueira_m@surreyschools.ca | kalenuik_d@surreyschools.ca

Semiahmoo First Nation Pow Wow

Friday , March 31 through Sunday, April 2

For more information visit: <https://www.facebook.com/events/1721792284854074/?ref=newsfeed>

TRUSTEES AND PARISH COUNCIL

Below is the list of elected and appointed positions for 2023:

Trustees

Father Joseph Dirbas (Rector)
Robin Inglis (Rector's Warden & Synod Delegate)
Jacqueline Sephton (Peoples' Warden)
Erin Hallenburg (Finance)
John Davison (Property)

Parish Council

Nigel Cole (Media & Communications & Synod Delegate)
Susan Cummings (Pastoral Care)

Helen Davison (Treasurer)
Carol De Boeck (Community Services)
Fran Fagan (Stewardship & Alternate Synod Delegate)
Patrick Finch (Internet & Communications)
Susan Lazar (Worship)
Mary Ponsford (Alternate Synod Delegate)
The Rev. Paul Richards (Screening in Faith Administrator)
Cindy Thornton-Veltri (Formation)
Veronica Wright (Community Services)

Secretary of the Corporation

Bonnie Gosselin

Please join in thanking all these wonderful people for their leadership.

CONTACT US

Feel free to contact your church staff and lay leaders if you have any questions!

Staff

The Reverend Joseph Dirbas, Rector - jdirbas@holytrinitywhiterock.ca
The Reverend Paul Richards, Deacon - prichards@holytrinitywhiterock.ca
Bonnie Gosselin, Parish Administrator - bgosselin@holytrinitywhiterock.ca

Lay Leaders

Robin Inglis - rectors.warden@holytrinitywhiterock.ca
Jacqueline Sephton - peoples.warden@holytrinitywhiterock.ca
Helen Davison - treasurer@holytrinitywhiterock.ca
Ron Dicks - envelopes@holytrinitywhiterock.ca

General Info

office@holytrinitywhiterock.ca

Questions about Church or Liturgy

abbey@holytrinitywhiterock.ca



Situated on the ancestral and unceded land
of our brothers and sisters of the Semiahmoo First Nation



White Rock, BC, Canada



www.holytrinitywhiterock.ca